1: Nadel E-5 (1934-1936) 1942
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gourd or his straw hat, keeping a ready supply in his left hand. In his right he carries the light hoe used for planting. With it he scratches the top or flank of the mound, while with his left, almost simultaneously, he throws the seeds into the newly made hole. The hole is then flattened out with the back of the hoe. Thus the farmer proceeds from mound to mound and row to row, working with amazing speed and ease: one man is able to sow about one acre in from five to six hours, with hardly any rest. This is the method used for sowing on mounds; sowing on ridges is even easier and quicker. No hoe is used, and the farmer can make use of both hands for the sowing, the seeds being pressed into the soft soil with the heel. The distance kept between two plants is a little over 2 feet. The sowing of one field with millet or sorghum is invariably done in a day or two, and is nearly always carried out single-handed. Where normally a larger group would be working together—brothers or a father and sons—the rest of the team would be occupied on another field, carrying out ridging, i.e. work for which co-operation is more urgently required. But when for one reason or another a farmer falls behindhand with his planting, ridging and sowing may have to be done at the same time. Once I saw a man and his two sons of 10 or 11 years carrying out this combined and hurried work: the boys were hoeing, preparing the ridges; the father followed in their tracks, sowing. After every ridge they had completed the boys waited for the man to catch up with the sowing. The ridges were crooked, irregular.

In these first days of the planting season the Nupe keep short days: they start comparatively late, about 8 a.m., and rarely return later than 2 or 3 o'clock. As the season wears on their working day extends. They start at daybreak and often do not return till 5 or 6 in the afternoon. They have their midday meal out on the farm, some bringing their own food, others having it brought out to them by their wives or daughters. At that time of the year, when fresh leaves and herbs are plentiful on the farms, the men rarely return home without a fair supply of various kinds: broad leaves which the Nupe women like for wrapping food in, or a special kind of aromatic leaf which the women use for their bath, or occasionally medicinal herbs used for various purposes. The men tie the leaves round their straw hats, and thus pleasantly and ornately attired wander home. A bath, a change of clothes, and afterwards the evening meal concludes their day.

To return to sowing. A day or two after bulrush-millet has been sown, maize is planted in very much the same fashion, again mostly in one day. Then one has to wait for another heavy rainfall before the next crops on the list, late millet and sorghum, can be sown. As a rule all four crops are sown within a week or ten days. These voluntary or involuntary waiting periods have their use: for often it becomes necessary to get one's tools repaired, perhaps a new blade fixed to the hoe, or to find new tools for the young boys who will, this year, join their fathers for the first time in the farm-work. By the time sorghum is planted the rains fall fairly regularly, and there is no need for further waiting.

The farmer turns directly to the planting of ground-nuts, which is reckoned to take from five to ten days. Ground-nuts must be planted on

4: Temple G-4 (no date) 1922

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The men eat together in a similar way, but apart from the women, and tiny boys may feed with either. Any snacks such as honey-cakes, or fruit, are eaten at odd times in the day, and water is always drunk after meals, not at them. Eggs were never eaten, but the practice of doing so is gradually creeping in.

In the ordinary routine of life people get up at 4 or 5 a.m., observe salla, and go about their respective avocations which, with a two hours' interval at mid-day, they pursue until 6 p.m. when they again make salla and have their evening meal. This ended, the children, boys and girls alike, go and dance in the market, from which they are retrieved by their elders, with some difficulty, about 9 p.m. and sent to bed. The men pay each other visits, and sit talking in groups of three or four till about 11 p.m., or on bright nights as long as the moon is up. Women do the same, but in their own compounds. They do not pay many visits, but go to see their mothers once every month and their sisters more rarely. Their husbands encourage friendship between their wives and the wives of their friends. If a man is at home when his wife receives a visitor he salutes her and goes out, and when he goes to visit his friend he goes in to salute the women of the house, and then either sits outside with his friend or goes to his hut. A man is expected to call on his parents-in-law every Friday, the Muhammadan holiday, but is never accompanied by his wife, unless it is to accuse her of some ill deed.

The incoming of the Muhammadan New Year is a time for great rejoicing. On New Year's Eve everyone eats as much as he or she can hold, and the poor can ask for a meal from anyone. Next day they make prayer, and everyone contributes in alms according to his means, with a minimum of a hundred cowries, which the Mallams distribute amongst the needy. A Mallam then foretells events of general interest for the coming year, when the rains will come, and whether they will be heavy or light, the success of the crops, whether there will be much sickness and in what months, whether there will be fertility amongst the stock, and amongst the people, and the best month for the purposes, etc. It is a day for visiting amongst the grown-ups, and calls are made on all persons of importance. On their return from prayer the children play a game. They may raid the houses of any uncle or aunt, grandparent, or one following the same trade as their father, and take anything they can lay hands on, unless and up to the time the person raided gives each child twenty cowries. The elders may not defend their own property, but the children of the household do, and battles are waged between the young people. This custom is dying out where there are white men.

Other games played by the children are hide-and-seek and king-of-the-castle, but they rarely have toys, and never balls.